

Educational Therapy...

- Provides comprehensive, intensive, individualized remedial instruction for individuals experiencing learning difficulties.
- Seeks to optimize learning and school adjustment, with recognition that emotional, behavioral, and learning problems are intertwined.



When choosing an educational therapist, ask about

- Membership level in AET: Board Certified, Professional, or Associate
- Educational background, training and experience
- Areas of specialization, such as reading, math, study skills, etc.
- Short term objectives and long range goals for the client
- Approaches and techniques for intervention
- Fee structure and policies

Educational Therapy



Association of Educational Therapists

www.aetonline.org
(414) 908-4949
7044 S. 13th St., Oak Creek, WI 53154



Helping individuals become successful learners



Areas Addressed by Educational Therapists

Educational therapists address academic, psycho-educational and socio-emotional aspects of learning. Academic areas include reading, writing, math, study skills, and critical thinking skills. Psycho-educational skills include strategic learning, analysis and problem solving, and self-understanding. The educational therapist fosters the development of self-advocacy skills in order to help clients succeed in multiple settings. The educational therapist addresses the interrelationship of emotions and learning by providing a safe environment in which the client may explore elements of the learning context.

Educational Therapy, a Therapeutic Approach to Teaching and Learning

Academic
Intervention

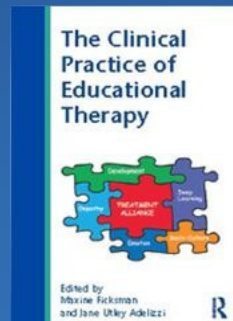
Psycho-
educational
Intervention

Socio-
emotional
Intervention

An educational therapist has specialized training in:

- Administering formal and informal educational assessments.
- Providing skill development and remediation.
- Facilitating communication and coordinating services on behalf of clients.
- Supporting collaboration among the members of the client's learning community.

The goal of ET is to foster self-confident independent learners who understand their learning profiles and can advocate for themselves.



The Clinical Practice of Educational Therapy: A Teaching Model, co-edited by Ficksman and Adelizzi, is the first textbook published

about the practice of ET. This book provides a historical and theoretical framework of the profession and includes case studies and expert perspectives from experienced professionals.

"What a cardiologist is to a person with coronary artery disease, or a psychiatrist to a person with obsessive-compulsive disorder, an educational therapist is to an individual with a learning disability."

Albert M. Galaburda, M.D., in *The Clinical Practice of Educational Therapy: A Teaching Model*. Routledge, 2010.